



Winash Activities – 22nd April to 28th April 2024














GROUND FLOOR – ACTIVITIES IN DAY ROOM

	Morning	Afternoon	Evening
Mon 22nd Apr	<u>No Hairdresser</u>		
	 <p><u>10.45am</u> – 1:1's / Walks with Jackie</p>	 <p><u>1.45pm</u> - Nails with Jasmine</p>	<u>TV in Lounge</u>
Tues 23rd Apr	<u>Mike H Birthday</u>		
	 <p><u>10:00am</u> – Laughing Yoga with June</p>	 <p><u>1.30pm</u> –Jam Making with June</p>	<u>TV in Lounge</u>
Weds 24th Apr	<u>National Quiz Day</u>		
	 <p><u>10.45am</u> – Claire's Bible Class</p>	 <p><u>1.45pm</u> – Quiz with Lisa</p>	<u>TV in Lounge</u>
Thurs 25th Apr	<p><u>10.00am</u> – Rydal Nursery with</p>  <p><u>10.30am</u> – Making Fruit Cake with June</p>	 <p><u>1.45pm</u> – Indoor Gardening with June</p> <p><u>3.45pm</u> – Jack Hazeldine</p>	<u>TV in Lounge</u>
Fri 26th Apr	 <p><u>10.45am</u> – Exercises with Jackie</p>	 <p><u>1.45pm</u> – Bingo with Jasmine</p>	<u>TV in Lounge</u>
Sat 27th Apr		 <p><u>1.45pm</u> – Play Your Cards Right with Lisa</p>	<u>TV in Lounge</u>
Sun 28th Apr	<u>World Passion Fruit Martini Day</u>		
	<p><u>10.00am</u> – Hymns with Alexa in Day Room</p>	 <p><u>1.45pm</u> –Tasting Mocktails with Karen</p>	<u>TV in Lounge</u>

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.

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MIDDLE FLOOR – ACTIVITIES IN ROOM 101

	Morning	Afternoon	Evening
Mon 22nd Apr	<u>No Hairdresser</u>		
	 10.45am – 1:1's / Walks with Jackie	 1.45pm – Crafts with Jasmine	<u>TV in Lounge</u>
Tues 23rd Apr	<u>Mike H Birthday</u>		
	 10:00am – Kerplunk with Kim	 1.30pm – Boccia with Sue	<u>TV in Lounge</u>
Weds 24th Apr	<u>National Quiz Day</u>		
	 10.45am – Nails with Olivia	 1.45pm – Quiz with Jasmine	<u>TV in Lounge</u>
Thurs 25th Apr	 10.45am – Collage Colouring with Jasmine	 1.45pm – Bible Class with Claire	<u>TV in Lounge</u>
Fri 26th Apr	 11.25am – Exercises with Jackie	 1.45pm – Scrabble with Claire	<u>TV in Lounge</u>
Sat 27th Apr		 1.45pm – Chin Wag with Karen	<u>TV in Lounge</u>
Sun 28th Apr	<u>World Passion Fruit Martini Day</u>		
	10.00am – Hymns with Alexa in Day Room	 1.45pm –Tasting Mocktails with Ella	<u>TV in Lounge</u>

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TOP FLOOR – ACTIVITIES ROOM 204

	Morning	Afternoon	Evening
Mon 22nd Apr	<u>No Hairdresser</u>		
	 <p>10.45am – 1:1's / Walks with Jackie</p>	 <p>1.45pm to 2.45pm – Scrabble with Cristina</p>	<u>TV in Lounge</u>
Tues 23rd Apr	<u>Mike H Birthday</u>		
	 <p>10:45am – Memory Box with Kris</p>	 <p>1.45pm to 2.45pm – Nails with Jasmine</p>	<u>TV in Lounge</u>
Weds 24th Apr	<u>National Quiz Day</u>		
	 <p>10.45am – Collage Colouring with Sue</p>	 <p>1.45pm to 2.45pm– Quiz with Cristina</p>	<u>TV in Lounge</u>
Thurs 25th Apr	<u>FA Cup Final Day</u>		
	 <p>10.45am – Kerplunk with Olivia</p>	 <p>1.45pm – 2.30pm – Hangman with Kris</p>	<u>TV in Lounge</u>
Fri 26th Apr	 <p>11.05am – Exercises with Jackie</p>	 <p>1.45pm to 2.45pm – Wordwheel with Karen</p>	<u>TV in Lounge</u>
Sat 27th Apr		 <p>1.45pm – Cuppa & Chat with Sue</p>	<u>TV in Lounge</u>
Sun 28th Apr	<u>World Passion Fruit Martini Day</u>		
	<p>10.00am – Hymns with Alexa in Day Room</p>	 <p>1.45pm –Tasting Mocktails with Lisa</p>	<u>TV in Lounge</u>

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Winter Menu 2023 - Week 3						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>Lunch</u> Sausage, Mash, Peas & Onion Gravy	<u>Lunch</u> Lasgane	<u>Lunch</u> Scampi, Chips, Peas & Salad Garnish	<u>Lunch</u> Lamb Casserole, Runner Beans &	<u>Lunch</u> Breaded Haddock, Chips, Peas and Tomato	<u>Lunch</u> Lamb Tagine, Carrots, French Beans	<u>Lunch</u> Pork, Roast Potatoes, Parsnips, Carrots & Swede
<u>Dessert</u> Banana Split	<u>Dessert</u> Semolina	<u>Dessert</u> Crumble & Cream	<u>Dessert</u> Bananas & Custard	<u>Dessert</u> Peach Melba	<u>Dessert</u> Syrup Sponge & Custard	<u>Dessert</u> Fruit, Ice-cream & Sauce
<u>Supper</u> Jacket Potatoes, Salad Garnish	<u>Supper</u> Cheese & Tomato on Toast	<u>Supper</u> Fishfingers, Wedges & Plum Tomatoes	<u>Supper</u> Pizza & Coleslaw Tomato or Leek & Potato Soup	<u>Supper</u> Bacon Sandwiches Or Tomato or Butternut Squash Soup	<u>Supper</u> Sausage Roll & Beans Tomato or Curry Parsnip Soup	<u>Supper</u> Sarnies Tomato or Mushroom Soup
<u>Dessert</u> Crème Caramel	<u>Dessert</u> Fruit and Cream	<u>Dessert</u> Mousse	<u>Dessert</u> Yogurts	<u>Dessert</u> Jelly	<u>Dessert</u> Fruit Cocktail & Evaporated Milk	<u>Dessert</u> Stewed Plums