

Winash Activities – 13th May to 19th May 2024

	Morning	Afternoon	Evening
Mon 13th May	<p><u>10.00am – 2.30pm</u> – Hairdresser</p> <p>International Hummus Day</p>  <p><u>10.30am</u> – DD’s Footcare – New Lounge</p> <p><u>10.45am</u> – 1:1’s / Walks with Jackie</p>	<p><u>1.30pm</u> –Residents Meeting in Day Room</p> 	<u>TV in Lounge</u>
Tues 14th May	<p><u>POETRY DAY</u></p>  <p><u>10:45am</u> – Poetry with June in Day Room</p>	 <p><u>1.45pm</u> – Knit & Natter with June in New Lounge</p>	<u>TV in Lounge</u>
Weds 15th May	<p><u>INTERNATIONAL DAY OF FAMILIES</u></p>  <p><u>10:45am</u> – Discussion group with Jeanette on Family Life</p>	<p><u>1.45pm</u> – Indoor Gardening with Jeanette</p> <p><u>3.45pm</u> – Jack Hazeldine</p>	<u>TV in Lounge</u>
Thurs 16th May	<p><u>10.00am</u> – Rydal Nursery visiting with Jeanette</p>  <p><u>10.30am</u> – Make Pizza for Supper in Day Room</p>	<p><u>1.45pm</u> – Winash Band with Jeanette in Day Room</p> 	<u>TV in Lounge</u>
Fri 17th May	<p><u>10.00am</u> – 1-1 Walks with Jeanette</p>  <p><u>10.45am</u> – Exercises with Jackie in Day Room</p>	<p><u>Karaoke</u></p>  <p><u>1.45pm</u> – Karaoke with Jeanette in New Lounge</p>	<u>TV in Lounge</u>
Sat 18th May	<p><u>10.45am</u> Winash Shop with June and Emma</p> 	 <p><u>1.45pm</u> – Bingo with Jasmine in Day Room</p>	<u>TV in Lounge</u>
Sun 19th May	<p><u>10.00am</u> – Hymns with Alexa in Day Room</p>	<p><u>QUIZ!</u></p> <p><u>1.45pm</u> – Quiz with Kris in Day Room</p>	<u>TV in Lounge</u>

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.

Summer Menu 2024 - Week Two

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<i>LUNCH</i>	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Ploughman's Salad, and Crusty Bread	Fish Pie, Peas & Sweetcorn	Cottage Pie, Broccoli, Carrots & Green Beans	Sweet & Sour Chicken, Rice, Peas, and Sweetcorn	Cod Goujons, Chips, Peas & Tomato & salad garnish	Lasagne, Garlic Bread, Peas, and Salad	Roast Chicken, New Potatoes, Carrots, Swede & Cabbage
Banana Split	Rice Pudding with Fruit Compote / Jam	Gooseberry Crumble & Custard	Stewed Apple & Ice Cream	Fruit Salad	Pineapple Upside Down Sponge & Custard	Trifle
<i>SUPPER</i>	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Tomato/ Soup of the day	Tomato/ Soup of the day	Tomato/ Soup of the day	Tomato/ Soup of the day	Tomato/Soup of the day	Tomato/ Soup of the day	Tomato/ Soup of the day
Loaded potato skins, Beans and Bacon	Cheese/Ham Salad	Sardines on toast	Pizza, Salad & Coleslaw	Bacon Sandwiches	Sausage rolls & baked beans	Mixed Sandwiches & Crisps
Pear with Raspberry Coulis	Fruit & Jelly	Chocolate Ice lollies	Yoghurt	Strawberries & Cream	Fruit Fool	Mandarins & Cream