

Winash Activities – 25th November 2024 to 1st December 2024

	Morning	Afternoon	Evening
Mon 25 th Nov	<p>10.00am – Hairdresser</p> <p>10.30am – DD’s Footcare</p> <p>10.45am – 1:1 Walk with Jackie</p> 	 <p>1.45pm – Quiz with Lisa in New Lounge</p>	<u>TV in Lounge</u>
Tues 26 th Nov	 <p>10.30am – Memorial Service for the people we have lost this year</p>	<p>National Cake Day</p>  <p>1.45pm – Making Sponge Cake with Jeanette in Day Room</p>	<u>TV in Lounge</u>
Wed 27 th Nov	 <p>10:45am – Make Shortbread for Christmas Bags with June in Day Room</p>	<p>1.45pm – Make Truffles for Christmas Bags with June in Day Room</p>  <p>3.45pm – Jack Hazeldine</p>	<u>TV in Lounge</u> <u>5.45pm-7.00pm</u> <u>Brownies</u> <u>Cake and Drinks</u>
Thur 28 th Nov	<p>10.00am – Rydal in Day Room Making Biscuit Peguins</p>  <p>10.45am – Making Christmas Bags in Day Room</p>	<p>1.45pm – Making Mulled Wine and Mince Pies for Christmas Bags in Day Room with June</p>  <p>1.45pm – Winash Band with Jeanette</p>	<u>TV in Lounge</u>
Fri 29 th Nov	 <p>10.45am – Exercises with Jackie in Day Room</p>	 <p>1.45pm – National Wordwheel Day with Karen in New Lounge</p>	<u>TV in Lounge</u>
Sat 30 th Nov	 <p>St Andrews Day</p> <p>Winash Shop with June and Emma</p>	 <p>1.45pm – Hangman with Cristina in New Lounge</p>	<u>TV in Lounge</u>
Sun 1 st Dec	<p>10.00am – Hymns with Alexa in Day Room</p>	 <p>1.45pm – Bingo with Jeanette H in New Lounge</p>	<u>TV in Lounge</u>

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.

Winter Menu 2024 - Week 1						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>Lunch</u> Beef Stew & Dumplings Broccoli, Carrots & Cabbage	<u>Lunch</u> Fish Pie, Sweetcorn, Green Beans & Swede	<u>Lunch</u> Ham (Gammon), Chips, Egg, Tomato, Peas & Pineapple	<u>Lunch</u> Sausage Casserole, Mash, Green Beans & Broccoli	<u>Lunch</u> Breaded Haddock, Chips, Peas & Tomato	<u>Lunch</u> Braised Lamb, Mash, Sprouts, Leeks & Carrots	<u>Lunch</u> Chicken, Roast Potatoes, Mash, Sweetcorn, Green Beans & Sprouts
<u>Dessert</u> Banoffee Pie	<u>Dessert</u> Black Cherry sponge & custard	<u>Dessert</u> Rhubarb & Ginger Crumble & Cream	<u>Dessert</u> Bananas in Custard	<u>Dessert</u> Peach Melba	<u>Dessert</u> Semolina	<u>Dessert</u> Stewed Apples & Ice Cream
<u>Supper</u> Cheese & Potato Pie Tomato garnish Or Tomato or Vegetable soup	<u>Supper</u> Toasted Cheese & Tomato Sandwich Or Tomato or Broccoli & Stilton Soup	<u>Supper</u> Fishfingers, Tomato & Wedges Or Tomato or sweet potato soup	<u>Supper</u> Pizza & Coleslaw Or Tomato or Leek & Potato Soup	<u>Supper</u> Hash Browns, Bacon & Beans Or Tomato or Butternut Squash Soup	<u>Supper</u> Sausage Roll & Beans Or Tomato or Curried Parsnip Soup	<u>Supper</u> Assorted Sandwiches & Crisps Or Tomato or Mushroom Soup
<u>Dessert</u> Peaches and Cream	<u>Dessert</u> Crème Caramel	<u>Dessert</u> Scones, Jam & Cream	<u>Dessert</u> Yogurts	<u>Dessert</u> Jelly	<u>Dessert</u> Fruit Cocktail & Evaporated Milk	<u>Dessert</u> Stewed Plums with Custard

Please advise the team if you have any food allergies.