

Winash Activities – 2nd December 2024 to 8th December 2024

	Morning	Afternoon	Evening
Mon 2 nd Dec	<p><u>10.00am</u> – Hairdresser</p>  <p><u>10.45am</u> – 1:1 Walk with Jackie</p> <p><u>10.45am</u> – Nails with Jasmine in Day Room</p>	 <p><u>1.45pm</u> – Nails with Jasmine in Winash Lounge</p>	<p><u>TV in Lounge</u></p>
Tues 3 rd Dec	<p><u>Residents Christmas Party 4-7pm</u></p>  <p><u>10.45am</u> – Boccia with Cristina</p>	 <p><u>2.00pm</u> – Quiz with June in Garfield Lounge</p>	<p><u>Residents Christmas Party 4-7pm</u></p>
Wed 4 th Dec	 <p><u>10:45am</u> – Claire’s Winter Crafts with Pinecones in Day Room</p>	<p><u>1.45pm</u> – Claire’s Bible Class in Winash Lounge</p> 	<p><u>TV in Lounge</u></p>
Thur 5 th Dec	<p><u>Festive Recipe Day</u></p> <p><u>10.00am</u> – Rydal in Day Room Making Biscuit Peguins</p>  <p><u>10.30am</u> – Making Christmas Truffles with June in Day Room</p>	<p><u>1.45pm</u> – Making Christmas Festive Blondies with June in Day Room</p>  <p><u>3.45pm</u> – Jack Hazeldine in Garfield Lounge</p>	<p><u>Christmas Film in Winash Lounge 6pm-7.30pm</u></p>
Fri 6 th Dec	 <p><u>10.45am</u> – Exercises with Jackie in Day Room</p>	 <p><u>1.45pm</u> – Wordwheel with Lisa in Winash Lounge</p>	<p><u>TV in Lounge</u></p>
Sat 7 th Dec		 <p><u>1.45pm</u> – Quiz with Kris in Winash Lounge</p>	<p><u>TV in Lounge</u></p>
Sun 8 th Dec	<p><u>10.00am</u> – Hymns with Alexa in Day Room</p>	 <p><u>1.45pm</u> – Hand Massage with Karen in Winash Lounge</p>	<p><u>TV in Lounge</u></p>

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.

Winter Menu 2024 - Week 2						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>Lunch</u> Cottage Pie, Cauliflower, Broccoli, Pumpkin & Swede	<u>Lunch</u> Liver & Bacon Casserole, Carrots, Swede, Curly Kale & Mash	<u>Lunch</u> Chicken Curry, Rice, Sweetcorn & Peas Poppadoms & Mango Chutney	<u>Lunch</u> Beef Casserole, Leaks, Turnips, Peas & Mash	<u>Lunch</u> Cod Goujons, Chips, Peas & Tomato	<u>Lunch</u> Chicken, Bacon, Leek, Cheese Sauce, Mash, Sweetcorn & Runner Bean	<u>Lunch</u> Lamb, Roast Potatoes, Mash, Swede, Cabbage, Carrots & Beef Gravy
<u>Dessert</u> Chocolate Sponge & Chocolate Sauce	<u>Dessert</u> Fresh Fruit Salad	<u>Dessert</u> Meringue, Fruit & Cream	<u>Dessert</u> Banoffee Pie	<u>Dessert</u> Stew Fruit & Ice Cream	<u>Dessert</u> Rice Pudding	<u>Dessert</u> Fruit, Ice-cream & Sauce
<u>Supper</u> Cheese Pinwheels with Baked Beans Or Tomato or Vegetable soup	<u>Supper</u> Christmas Party Buffet Food	<u>Supper</u> Pizza and Coleslaw Or Tomato or sweet potato soup	<u>Supper</u> Brie & Cranberry Tarts and Salad Or Tomato or Broccoli & Stilton Soup	<u>Supper</u> Jacket potatoes, cheese & beans or Prawn cocktail Or Tomato or Minestrone Soup	<u>Supper</u> Ham & Leek Bake Or Tomato or Celeriac Soup	<u>Supper</u> Assorted Sandwiches & Crisps Or Tomato or Pea & Ham Soup
<u>Dessert</u> Fruit and Cream		<u>Dessert</u> Peaches with raspberry sauce and cream	<u>Dessert</u> Fruit cocktail with Evaporated milk	<u>Dessert</u> Jelly	<u>Dessert</u> Jam Roly Poly & Cream	<u>Dessert</u> Stewed Pears in Red Wine, Spices & Cream

Please advise the team if you have any food allergies.