**Winash Activities – 22nd September – 28th September 2025**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Morning** | **Afternoon** | **Evening** |
| **Mon****22nd** **Sept** | **10:00am – Hairdresser**12+ Thousand Beauty Salon Clipart Royalty-Free Images, Stock Photos &  Pictures | Shutterstock**10:45am – 1:1 with Jackie** | Free clip art "Origami Crane" by Tavin**2:00pm – Origami with Amy MT (In the Day Room)**  | **TV in Lounge** |
| **Tues****23rd** **Sept** | 3,000+ Fruitcake Stock Illustrations ...**10:00am – Making fruit cake for Macmillan Coffee Morning with Jeanette D****(In the Day Room)** | Free Vectors | boccia ball illustration**2:00pm – Boccia with Jasmine (In the Day Room)**  | **TV in Lounge** |
| **Weds****24th** **Sept** | Baking Clip Art Royalty-Free Images ...**10:30am – Making cupcakes with Georgia (In the Day Room)**  | **1:45pm – Baking cakes with Georgia (In the Day Room)** **3:45pm – Jack Hazeldine** **(In the Garfield Lounge)** | **TV in Lounge** |
| **Thurs 25th Sept** | Macmillan Coffee Mornings ...**10:00am – Macmillan Coffee + Cake Morning with Jeanette** **(In the Dining Room)**  | **1:45pm– Jewellery making with Jeanette** Jewelry Making Stock Illustrations ...**(in the Day Room)**  | **TV in Lounge**  |
| **Fri 26th Sept** | **Physical Fitness Physical Exercise Clip Art - Fitness Woman Cartoon -  (1500x1500) Png Clipart Download10:45am – Exercises with Jackie** | Fingernail, High Resolution Nail Polish ...**2:00pm – Nails with Jasmine & Amy (In the Day Room)**  | **TV in Lounge**  |
| **Sat****27th Sept** | **FREE TIME** | **2:00pm – Hangman with Lisa (in the Day Room)** | **TV in Lounge**  |
| **Sun****28th Sept** | **10.00am –****Hymns with****Alexa in Day Room** | 3,000+ Pop Quiz Stock Illustrations ...**2:00pm –** **Quiz with Caroline** **(In the Day Room)** |  |

**This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.**

|  |
| --- |
| **Summer Menu 2025 - Week Four**  |
| **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday**  | **Saturday**  | **Sunday**  |
| LUNCH  Turkey & Ham Pie in a cheese sauce, Mash, Green Beans, Sweetcorn    Chocolate Sponge & Chocolate Sauce  | LUNCH  BBQ Chicken, Mushrooms, Peas & Chips    Stewed apple & cream  | LUNCH  Quiche, New Potatoes with Salad    Fruit Salad & Yoghurt  | LUNCH  Chicken casserole, Boiled potatoes, broccoli & carrots  Banana Custard | LUNCH  Scampi, Chips, Peas & Tomato & salad garnish  Apple & Pear Crumble with Ice Cream  | LUNCH  Corned Beef Hash, Cauliflower, Cabbage & Carrot    Syrup Sponge & Custard  | LUNCH  Roast Pork, Roast Potatoes,  Mash, Leeks, Carrots, Peas   Trifle  |
| SUPPER  Tomato/ Soup of the day  Vegetarian and lentil curry with rice     Cheesecake | SUPPER  Tomato/ Soup of the day   Salmon Salad     Fruit Jelly | SUPPER  Tomato/ Soup of the day   Beans on Toast     Mousse  | SUPPER  Tomato/ Soup of the day   Loaded Potato Skins with Cheese and Prawns   Yoghurt  | SUPPER  Tomato/ Soup of the day   Pate on Toast     Strawberries & Cream  | SUPPER  Tomato/ Soup of the day   Fish fingers & wedges with side salad   Fruit Fool   | SUPPER  Tomato/ Soup of the day   Mixed Sandwiches & Crisps   Stewed Plums & cream  |