

Winash Activities – 13th April

	Morning	Afternoon	Evening
Mon 13th	 <p>10:00am – Hairdresser in Winash lounge 10:00am- 1:1 with Amy doing life story books 10:45am – 1:1 with Jackie</p> 	 <p>2:00pm- Mary's fellowship in Winash lounge 3:00pm- Board games in dining room</p> 	<u>TV in Lounge</u>
National gardening day! Tues 14th	 <p>10:00am- flower arranging in dining room 11:00am- Walks with Amy and Jeanette D</p> 	 <p>2:00pm- Garden themed quiz in dining room in dining room 3:00pm- Garden discussion about what you'd like to grow this year</p> 	<u>TV in Lounge</u>
Weds 15th	<p>10:00am- Make spring cupcakes in dining room 11:00am- make shields for St George's Day</p>  	 <p>2:00pm – Spring colouring in dining room 3:00pm- Band with Mary in dining room</p> 	<u>TV in Lounge</u>
Thurs 16th	 <p>10:00am – Rydal in dining room with Kim 10:30am – Make St George's bunting in dining room with Ella</p> 	<p>2:00pm- Continue making St George's Day bunting in dining room with Jasmine</p> 	<u>TV in Lounge</u>
Fri 17th	 <p>10:00am-Decorate shields in dining room 10:45am– Exercise with Jackie 11:00am- 1-1 with Amy</p> 	<p>2:00pm- Terry's high tea in dining room</p> 	<u>Film in Lounge</u>
Sat 18th	 <p>10:00am- shop with Amy 10:30am- walks with Amy</p> 	<p>2:00pm– English trivia in dining room</p> 	<u>TV in Lounge</u>
Sun 19th	 <p>10:30am –Hymns with Mary in Day Room</p>	 <p>2:00pm- England themed bingo with Jasmine</p>	

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.

Winter Menu 2025 - Week 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><u>Lunch</u></p> <p>Cottage Pie, Cauliflower, Broccoli, Pumpkin & Swede</p> <p><u>Dessert</u></p> <p>Chocolate Sponge & Chocolate Sauce</p>	<p><u>Lunch</u></p> <p>Liver & Bacon Casserole, Carrots, Swede, Curly Kale & Mash</p> <p><u>Dessert</u></p> <p>Fresh Fruit Salad</p>	<p><u>Lunch</u></p> <p>Chicken Curry, Rice, Sweetcorn & Peas</p> <p>Poppadoms & Mango Chutney</p> <p><u>Dessert</u></p> <p>Meringue, Fruit & Cream</p>	<p><u>Lunch</u></p> <p>Beef Casserole, Leaks, Turnips, Peas & Mash</p> <p><u>Dessert</u></p> <p>Banoffee Pie</p>	<p><u>Lunch</u></p> <p>Cod Goujons, Chips, Peas & Tomato</p> <p><u>Dessert</u></p> <p>Stew Fruit & Ice Cream</p>	<p><u>Lunch</u></p> <p>Chicken, Bacon, Leek, Cheese Sauce, Mash, Sweetcorn & Runner Bean</p> <p><u>Dessert</u></p> <p>Rice Pudding</p>	<p><u>Lunch</u></p> <p>Lamb, Roast Potatoes, Mash, Swede, Cabbage, Carrots & Beef Gravy</p> <p><u>Dessert</u></p> <p>Fruit, Ice-cream & Sauce</p>
<p><u>Supper</u></p> <p>Cheese Pinwheels with Baked Beans</p> <p>Or</p> <p>Tomato or Vegetable soup</p> <p><u>Dessert</u></p> <p>Fruit and Cream</p>	<p><u>Supper</u></p> <p>Cheesy Leeks</p> <p>Or</p> <p>Tomato or Leek & Potato Soup</p> <p><u>Dessert</u></p> <p>Raspberry Fool</p>	<p><u>Supper</u></p> <p>Pizza and Coleslaw</p> <p>Or</p> <p>Tomato or sweet potato soup</p> <p><u>Dessert</u></p> <p>Peaches with raspberry sauce and cream</p>	<p><u>Supper</u></p> <p>Brie & Cranberry Tarts and Salad</p> <p>Or</p> <p>Tomato or Broccoli & Stilton Soup</p> <p><u>Dessert</u></p> <p>Fruit cocktail with Evaporated milk</p>	<p><u>Supper</u></p> <p>Jacket potatoes, cheese & beans or Prawn cocktail</p> <p>Or</p> <p>Tomato or Minestrone Soup</p> <p><u>Dessert</u></p> <p>Jelly</p>	<p><u>Supper</u></p> <p>Mushrooms on Toast</p> <p>Or</p> <p>Tomato or Celeriac Soup</p> <p><u>Dessert</u></p> <p>Yoghurt</p>	<p><u>Supper</u></p> <p>Assorted Sandwiches & Crisps</p> <p>Or</p> <p>Tomato or Pea & Ham Soup</p> <p><u>Dessert</u></p> <p>Stewed Pears in Red Wine, Spices & Cream</p>