

## Winash Activities – 6<sup>th</sup> April

	Morning	Afternoon	Evening
<b>Easter Monday!</b> 6th	<p><b>NATIONAL PYJAMA DAY (STAY IN YOUR PJS IF YOU WOULD LIKE TO)</b></p> <p>10:00am – Meet Ella’s dog </p> <p>10:45am – 1:1 with Jackie </p>	<p>2:00pm- Mary’s fellowship in Winash lounge</p> 	<u>TV in Lounge</u>
<b>World Health day</b> Tues 7th	 10:00am – Hairdresser in Winash lounge  10:00am- Memory game (testing your mind)  11:00am- Walks to the park and look at the plants (for exercise)	 2:00pm- High tea for Catherine’s Birthday in dining room	<u>TV in Lounge</u>
Weds 8th	<p>10:00am- Walks with Amy</p> <p>11:00am- More walks with Amy</p> 	<p>2:00pm – Guess the song music quiz </p> <p>3:00pm- card games and dominoes in dining room </p>	<u>TV in Lounge</u>
Thurs 9th	 10:00am – Rydal in dining room  10:30am – make fruit cake	<p>2:00pm- Balloon tennis in dining room </p> <p>3:00pm laughing yoga </p>	<u>TV in Lounge</u>
Fri 10th	 10:00am- pop up coffee shop in dining room  10:45am– Exercise with Jackie	 2:00pm- Make window decorations in dining room  3:00pm- Make St George’s decorations	<u>TV in Lounge</u>
Sat 11th	<u>FREE TIME</u>	 2:00pm- Origami with Amy MT in dining room	<u>TV in Lounge</u>
Sun 12th	 <u>10.00am</u> –Hymns with Alexa in Day Room	 2:00pm- Bingo with Lisa in dining room	

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.

## Winter Menu 2025 - Week 1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>Lunch</u> Beef Stew & Dumplings Broccoli, Carrots & Cabbage  <u>Dessert</u>	<u>Lunch</u> Fish Pie, Sweetcorn, Green Beans & Swede  <u>Dessert</u>	<u>Lunch</u> Ham (Gammon), Chips, Egg, Tomato, Peas & Pineapple  <u>Dessert</u>	<u>Lunch</u> Sausage Casserole, Mash, Green Beans & Broccoli  <u>Dessert</u>	<u>Lunch</u> Breaded Haddock, Chips, Peas & Tomato  <u>Dessert</u>	<u>Lunch</u> Braised Lamb, Mash, Sprouts, Leeks & Carrots  <u>Dessert</u>	<u>Lunch</u> Chicken, Roast Potatoes, Mash, Sweetcorn, Green Beans & Sprouts  <u>Dessert</u>
Banoffee Pie  <u>Supper</u>	Black Cherry sponge & custard  <u>Supper</u>	Rhubarb & Ginger Crumble & Cream  <u>Supper</u>	Bananas in Custard  <u>Supper</u>	Peach Melba  <u>Supper</u>	Semolina  <u>Supper</u>	Stewed Apples & Ice Cream  <u>Supper</u>
Cheese & Potato Pie Tomato garnish Or Tomato or Vegetable soup <u>Dessert</u>	Toasted Cheese & Tomato Sandwich Or Tomato or Broccoli & Stilton Soup <u>Dessert</u>	Fishfingers, Tomato & Wedges Or Tomato or sweet potato soup <u>Dessert</u>	Pizza & Coleslaw Or Tomato or Leek & Potato Soup <u>Dessert</u>	Hash Browns, Bacon & Beans Or Tomato or Butternut Squash Soup <u>Dessert</u>	Sausage Roll & Beans Or Tomato or Curried Parsnip Soup <u>Dessert</u>	Assorted Sandwiches & Crisps Or Tomato or Mushroom Soup <u>Dessert</u>
Peaches and Cream	Crème Caramel	Scones, Jam & Cream	Yogurts	Jelly	Fruit Cocktail & Evaporated Milk	Stewed Plums with Custard