



















	Morning	Afternoon	Evening
Mon 8th	 10:00am – Hairdresser in Winash lounge 10:00am- Life story books  10:45am- 1:1 with Jackie	 2:00pm- Mary's fellowship in Winash lounge  2:00pm- Colouring in dining room  3:00pm- Board games	<u>TV in lounge</u>
Tues 9th	10:00am – Discussion about pride and why we are inclusive in dining room  11:00am- Hoopla 	 2:00pm- singing at community centre 2:00pm- Free time if you don't want to come singing 	<u>TV in Lounge</u>
Iced tea Day Weds 10th	 10:00am- Make apple tart in dining room	 2:00pm – Make iced tea in dining room  3:00pm- chair hockey  3:45pm – Jack Hazeldine in Garfield lounge	<u>TV in Lounge</u>
Thurs 11th	 10:00am – Rydal in dining room with Jasmine 11:00am – Boccia with Jasmine 	 2:00pm- Band with Mary in dining room  3:00pm- Baptist church	<u>TV in Lounge</u>
Fri 12th	 10:00am- odd one out game in dining room  10:45am– Exercise with Jackie	 2:00pm- games in garden  3:00pm- Decorate hats for Ascot	<u>TV in Lounge</u>
Trooping of the colour Sat 13th	 10:00am- shop with Amy 10:30am- Watch trooping of the colour in Winash lounge 	 2:00pm– Continue decorating hats for Ascot in dining room  3:00pm- Decorate horseshoes	<u>TV in Lounge</u>
National Beer Day Sun 14th	10:30am –Hymns with Mary in dining room 	 2:00pm- Pub quiz with beer and peanuts in dining room, with Michelle	

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.

Summer Menu 2026 - Week Two

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<i>LUNCH</i>	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Ploughman's Salad, and Crusty Bread	Fish Pie, Peas & Sweetcorn	Cottage Pie, Broccoli, Carrots & Green Beans	Sweet & Sour Chicken, Rice, Peas, and Sweetcorn	Cod Goujons, Chips, Peas & Tomato & salad garnish	Lasagne, Garlic Bread, Peas, and Salad	Roast Chicken, New Potatoes, Carrots, Swede & Cabbage
Banana Split	Rice Pudding with Fruit Compote / Jam	Rhubarb Crumble & Custard	Stewed Apple & Ice Cream	Fruit Salad	Pineapple Upside Down Sponge & Custard	Trifle
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Tomato/ Soup of the day	Tomato/ Soup of the day	Tomato/ Soup of the day	Tomato/ Soup of the day	Tomato/Soup of the day	Tomato/ Soup of the day	Tomato/ Soup of the day
Vegetable & Lentil Curry with Rice	Cheese/Ham Salad	Sardines on toast	Loaded potato skins with beans & bacon	Bacon Sandwiches	Sausage rolls & baked beans	Mixed Sandwiches & Crisps
Pear with Raspberry Coulis	Fruit & Jelly	Chocolate Ice lollies	Yoghurt	Strawberries & Cream	Fruit Fool	Mandarins & Cream