

Winash Activities – 27th July

	Morning	Afternoon	Evening
Mon 27th	 10:00am- Hairdresser in Winash lounge  10:45am- 1:1 with Jackie	 2:00pm- Mary's fellowship in Winash lounge	<u>TV in Lounge</u>
National Tree Day Tues 28th	 10:30am- DD's footcare in Garfield lounge 11:00am- Walks with Amy MT and Kate 	2:00pm- Shadow painting in dining room with Michelle  3:00pm- Make sweet shop decorations 	<u>TV in Lounge</u>
Weds 29th	10:00am- Pop up coffee shop in dining room with Ella and Claire   10:30am- make sweet shop decorations in dining room	2:00pm- Emma & Chelsea's sweet shop in dining room  3:00pm Sweets Quiz in dining room 	<u>TV in Lounge</u>
Thurs 30th	 10:00am- Rydal in dining room with Michelle 11:00am- Boccia in dining room with Jasmine 	 2:00pm- Winash band with Mary in dining room 3:00pm- Milkshakes in dining room 	<u>TV in Lounge</u>
Big Butterfly count Fri 31st	 10:45am- Exercise with Jackie in dining room	 2:00pm- Chat in garden and count how many butterflies you see with Rachel  2:15pm- Quiz in garden with Rachel	<u>TV in Lounge</u>
Sat 1st	<u>Free Time</u>	2:00pm- Balloon tennis with Lisa in dining room 	<u>TV in Lounge</u>
Sun 2nd	10:30am –Hymns with Mary in dining room 	2:00pm- Origami with Amy MT in dining room 	

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.

Meal Type	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	Hunters chicken, chips, carrots, courgettes	Haddock & Leek Gratin with Sweetcorn, peas & Broccoli	Savoury mince with new potatoes, leeks, Peas, carrots	Thai Chicken with rice and salad	Scampi, chips, peas and tomatoes	Gammon & egg with pineapple, new potatoes, peas, tomatoes	Roast pork, Roast potatoes, carrots, broccoli, Yorkshire pudding & apple sauce
Dessert	Lemon drizzle cake with cream	Mango rice pudding	Chocolate brownie with ice cream	Rhubarb sponge	Lemon cheesecake	Ginger cake & custard	Apple & pear crumble with ice cream
Afternoon Tea	Jam tarts	Fruit loaf	Chocolate chip cookies	Cheese & biscuits	Scones with jam and clotted cream	Butter biscuits	Cherry & almond cake
Supper	Tomato Soup Or Chicken soup	Tomato Soup Or Thai sweet potato soup	Tomato Soup Or Broccoli & stilton soup	Tomato Soup Or Spring vegetable soup	Tomato Soup Or Carrot & coriander soup	Tomato Soup Or Minestrone Soup	Tomato Soup Or Asparagus soup
Main	Beans on toast or Sandwiches	Coronation chicken & salad Or Sandwiches	Pate on toast with salad garnish or Sandwiches	Corned beef hash with baked beans or Sandwiches	Pizza with side salad or Sandwiches	Jacket potatoes with prawns or baked beans or prawns or Sandwiches	Assorted Sandwiches & crisps
	Banana custard	Eton mess	Fruit yoghurt	Jam tart & custard	Ice cream with strawberries	Rice pudding with raspberry coulis	Fruit & cream