



WINASH GAZETTE - July 2026 Edition



Welcome to the July Gazette

During June we were lucky to enjoy some very warm sunshine and some of us went on a day trip to Oakham Treasures. Let's see what July has in store for us!



Happy Birthday, this month, goes out to:

Meg C on 15th July, wishing you a wonderful birthday, Meg!

Dates for your July Diary:



7th DD's Footcare @ 10.30a.m.

7th World chocolate day

10th July - Garden party 2pm

11th July - World Cup Quarter-final - Norway vs England, kick-off 10pm

9th July - Baptist church

13th National rock day

15th National hotdog day

19th World ice cream day

24th Self Care day

30th International day of friendship



Ultraviolet Safety Month

July is Ultraviolet (UV) Safety Month, a time to highlight the importance of protecting our skin from the sun's harmful ultraviolet rays. Additionally, the hot weather needs us to know the signs and risks of Heat Exhaustion and Heat Stroke for ourselves and those we support.

Disability Pride Month

We celebrate Disability Pride Month every July. It's an important moment for disabled people to come together as a community. An opportunity to share experiences and start conversations. It's a celebration of the creativity, resilience, and embracing disability identity positively.



Activities

If you'd like to enjoy the beautiful weather, please ask your key worker to take you out. Don't forget to reserve a place on the Trishaw rides too!

Maintenance

Please inform Heather or Emma if you have any maintenance concerns/issues.



Warm Weather



With the warmer weather, please ensure that you are drinking plenty, so you don't get dehydrated. Ice lollies are available if you would like one, as are cold drinks. If you are sitting in the garden, please wear a sun hat and ask for staff to apply sun cream.