



	Morning	Afternoon	Evening
Mon 24th	 10:00am- Hairdresser in Winash lounge 10:00am- 1:1 with Amy 9:30am- 1:1 with Jackie	 2:00pm- Mary's fellowship in Winash lounge 3:00pm- Marine colouring in dining room	<u>TV in Lounge</u>
Tues 25th	10:00am- Walks with Amy 	 2:00pm- Off to the seaside virtually in Winash lounge 3:00pm- Make paper sea creatures in dining room	<u>TV in Lounge</u>
National dog day Weds 26th	10:00am- Meet the staff's dogs in dining room 	 2:00pm- Continue watching David Attenbrough's Africa documentary in Winash lounge	<u>TV in Lounge</u>
Burger Day Thurs 27th	 10:00am- Make milkshakes in dining room 11:00am- Dominoes in dining room	 2:00pm- Guess the logo quiz in dining room 3:00pm- Seaside singalong with Mary in dining room 3:00pm- 1:1 with Amy	<u>TV in Lounge</u>
Cliff's Birthday Fri 28th	 10:00am- Learn some Makaton signs & what they mean in dining room 10:45am- Exercise with Jackie in dining room 	2:00pm- High tea for Cliff's birthday in dining room 	<u>TV in Lounge</u>
Sat 29th	<u>Free time</u>	 2:00pm- Lisa's craft session in dining room	<u>TV in Lounge</u>
Megan's Birthday Sun 30th	10:30am-Hymns with Mary in dining room 	2:00pm- Lisa's craft session in dining room 	

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.

Meal Type	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	Hunters chicken, chips, carrots, courgettes	Haddock & Leek Gratin with Sweetcorn, peas & Broccoli	Savoury mince with new potatoes, leeks, Peas, carrots	Thai Chicken with rice and salad	Scampi, chips, peas and tomatoes	Gammon & egg with pineapple, new potatoes, peas, tomatoes	Roast pork, Roast potatoes, carrots, broccoli, Yorkshire pudding & apple sauce
Dessert	Lemon drizzle cake with cream	Mango rice pudding	Chocolate brownie with ice cream	Rhubarb sponge	Lemon cheesecake	Ginger cake & custard	Apple & pear crumble with ice cream
Afternoon Tea	Jam tarts	Fruit loaf	Chocolate chip cookies	Cheese & biscuits	Scones with jam and clotted cream	Butter biscuits	Cherry & almond cake
Supper	Tomato Soup Or Chicken soup	Tomato Soup Or Thai sweet potato soup	Tomato Soup Or Broccoli & stilton soup	Tomato Soup Or Spring vegetable soup	Tomato Soup Or Carrot & coriander soup	Tomato Soup Or Minestrone Soup	Tomato Soup Or Asparagus soup
Main	Beans on toast or Sandwiches	Coronation chicken & salad Or Sandwiches	Pate on toast with salad garnish or Sandwiches	Corned beef hash with baked beans or Sandwiches	Pizza with side salad or Sandwiches	Jacket potatoes with prawns or baked beans or prawns or Sandwiches	Assorted Sandwiches & crisps
	Banana custard	Eton mess	Fruit yoghurt	Jam tart & custard	Ice cream with strawberries	Rice pudding with raspberry coulis	Fruit & cream