

Winash Activities – 28th September

	Morning	Afternoon	Evening
Mon 28th	 10:00am- Hairdresser in Winash lounge  10:45am- 1:1 with Jackie	 2:00pm- Nails with Jamine in dining room  3:00pm- Autumn colouring in dining room	<u>TV in Lounge</u>
World heart Day! Tues 29th	 9:30am- DD's footcare in Garfield lounge 10:00am- Walks with Kim (weather dependent) 	2:00pm- Fun facts and information about hearts in dining room with Rachel 	<u>TV in Lounge</u>
Weds 30th	10:00am- Jewellery making with Sarah in dining room 	2:00pm- Board games in dining room with Amy MT 	<u>TV in Lounge</u>
Thurs 1st	 10:00am- Rydal in dining room with Rachel 11:00am- Boccia with Kim in dining room 	2:00pm- Band with Mary in dining room 	<u>TV in Lounge</u>
Fri 2nd	10:45am- Exercise with Jackie in dining room 	2:00pm- Halloween origami with Amy MT 	<u>TV in Lounge</u>
Sat 3rd	10:00am- Shop with June in reception area  <u>Free Time</u>	2:00pm- Bingo with Michelle in dining room 	<u>TV in Lounge</u>
World animal Day! Sun 4th	10:00am- Hymns with Mary in dining room 	2:00pm- Animal trivia quiz in dining room with Jasmine 	

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.