

	Morning	Afternoon	Evening
Mon 12th	 10:00am- Hairdresser in Winash lounge 10:00am- 1:1 with Amy 10:45am- 1:1 with Jackie 	 2:00pm- Mary's fellowship in dining room 2:00pm- 1:1 with Amy 	<u>TV in Lounge</u>
Tues 13th	 10:00am- Walks (weather dependent)  11:00am- Facts and information on black history month in dining room	 1:45pm- Singing at the community centre with Mary & Sarah  2:00pm- Autumn colouring in dining room	<u>TV in Lounge</u>
Janet M Birthday! Wed 14th	10:00am- Make Autumn decorations in dining room 	2:00pm- Autumn quiz in dining room 	<u>TV in Lounge</u>
Thurs 15th	 10:00am- Rydal in dining room with Rachel  11:00am- Boccia in dining room with Kim	2:00pm- Band with Mary in dining room 	<u>TV in Lounge</u>
Fri 16th	 9:40am- Coffee shop and read the local newspaper in dining room  10:45am- Exercise with Jackie in dining room	 2:00pm- Chocolate guessing game in dining room  3:00pm- Facts, information and history on chocolate in dining room	<u>TV in Lounge</u>
Sat 17th	 10:00am- Shop with Amy in reception area 10:30am- Make chocolate cookies in dining room 	2:00pm- Make Autumn decorations in dining room 	<u>TV in Lounge</u>
Joy A Birthday Sun 18th	10.00am– Hymns with Mary in dining room 	2:00pm- High tea for Joy's birthday in dining room 	

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.